



### **RELIGIOUS ED**

SUNDAY, MARCH 20TH NO CLASS

SUNDAY, MARCH 27TH CLASS

LIFE WITH CHRIST IS A WONDERFUL ADVENTURE!~POPE ST. JOHN PAUL II



## Pray Fast Give

Oftentimes, people think of Lent as a time to give up chocolate, TV, candy, etc. and while fasting is one way to live out Lent, there are also two other important aspects to keep in mind.

**Prayer** is essential for our soul and Lent can be a time to form new prayer habits and spend more time with our Lord.

**Fasting,** purposely saying "No" to things, can be difficult, but it helps us to see that God is the only one who can truly fill us with happiness.

**Almsgiving** is the giving of something important to those in need. Most of us think this refers to just material items like food, clothing or money, but it also means giving to those who are in need spiritually by spending time with them either in person, over the phone or through the mail.



# HELP THE FOOD PANTRY & ST. VINCENT DE PAUL SOCIETY

St. Elizabeth of the Trinity School and RE
Program are collecting the items listed below
during Lent this year. Please drop off your items
no later than April 4th. (RE students, please bring
your items no later and April 3rd.)

#### **ITEMS REQUESTED**

Individually packaged toothbrushes
Toothpaste
Bars of soap
Small bottle of dish soap
Wool blankets\*
Hand warmers
Socks
Undershirts (men and women, all sizes)
McDonald and Dollar Tree Gift Cards
(recommended amount \$10 a card)

\*Monetary donations are appreciated and we will purchase the wool blankets.

### Totus Tuus Host Families Needed!

When: June 25th-July 1st

We are seeking any St. Elizabeth of the Trinity parishioners willing to host the Totus Tuus team during their stay and programs. The team consists of two college aged girls and two college aged guys. Host Families provide sleeping arrangements (one bedroom for the two team members), a private bathroom, a morning continental breakfast, and possibly laundry facilities. Housing of team members takes place from their arrival Saturday until their departure the following Friday morning. Each team will provide their own transportation to and from the parish. Please contact Kathleen Driscoll if you can help or have any questions. (773)-763-8228 or kadriscoll@archchicago.org.