

# **FEBRUARY 9, 2025**





#### What are we afraid of?

Fear has the power, especially naturally speaking, to keep us alive. The fear response can help us to protect ourselves, be aware of physical, emotional, and spiritual threats and to fight or flee the challenges and uncertainties of life. However, fear can paralyze us and keep us from taking the necessary steps to fulfill our callings in life. A specific type of fear on display in this weekend's readings from two heroes of faith, Isaiah and Peter, was the fear of unworthiness.

Both Isaiah and Peter are made aware of the Lord's power and holiness, and they were afraid. When seeing the holiness of God, Isaiah said: "Woe is me I am doomed, for I am a man of unclean lips." When seeing Jesus' divine power at work, Peter said: "Depart from me, Lord, for I am a sinful man." Yet they were both called by the Lord. Jesus didn't let Peter run away but said: "Do not be afraid." They both thought that they weren't good enough, that they weren't adequate or worthy of the call and so they wanted God to leave them. They wanted the Lord to remove His light and glory because then they thought they would be safe. That is not how we will find safety and the strength to go forward.

Everyone, young or old, single or married, has fears about being able to fulfill their potential. I remember my mother saying about when she was a young wife and mother for the first time. that when she was twenty years old leaving the hospital with my older brother, she said to the nurse with some anxiety "come home with me" still wanting the training wheels as a new mother. But with learning curves she did it!

Isaiah and Peter and all of us are right in saying that we are sinners and not worthy, but the Lord already knows that. The Lord does not ask us to go alone. We are all weak, limited creatures, and some types of fear will always accompany us. St. Peter would continue to struggle throughout his life with the natural fear to want to preserve his life when persecutions for Christ manifested.

There is a tradition that when Nero blamed the Christians in Rome for the fire he started and he began persecuting them, Peter was going to flee the city, and his flock out of fear. While leaving he saw the Lord walking to Rome. Peter asked Him: "Dominus, quo Vadis?" (Lord, where are you going?) Jesus responded: "I am going to Rome, to be crucified again." Peter got courage from this and returned to Rome for the martyrdom by crucifixion upside down, as the Lord had foretold.

John Wayne once said: "Courage is being scared to death...and saddling up anyway." Olympic athletes are often asked, either before or after their event, if they were nervous. All of them have the same jitters and butterflies, some may even throw up before the event. They deal with those nerves by first accepting that they exist, they're natural and can't be avoided. Some even refer to that nervous energy as excitement, which helps them focus on the gift of talent they get to offer the world.

Our own patroness, Elizabeth of the Trinity, was an award-winning pianist at age 13 and was asked how she could remain so calm and focused when she played before hundreds of people. She once said that she played her piano as if Jesus were the only one who could hear her. "When I can no longer pray, I play," she told a friend. We may be inadequate at times from a hu-

man perspective, but we are never

alone.

Do not be afraid,

Fr. Mike

DO NOT BE AFRAID.



# ST. ELIZABETH of the Trinity Parish

**Food Pantry** 

# **Updated Needs List:**

Canned meats (ham, spam, chicken)
Fruit juice / V-8

Pancake mix (box) & Syrup
Ground Coffee

Canned mixed fruit/pineapple

Reg Oatmeal
Breakfast Bars

Salt / Pepper

Flour/Sugar

# February Spotlight Items:

5lb or less Flour
5lb or less of Sugar
Hershey kisses
THANK YOU



Drop box in back of church — available when church is open

Shed on Moody next to the gym – available 24/7





Questions: food-pantry@stelizabethtrinityschool.org

### PLEASE NO EXPIRED FOOD

We are open every Tuesday from 9:00 - 10:00 a.m. in the lower level of the gym.



Go to: faithdirect.net or Scan the QR Code or call 866 507-8757









# SICK LIST

Michele Schmidt—Maria Szumski—Gary Sowell—Jeffrey Lalowski—Jadwija Chudzynski—Amy Grudzinski—Bernadette Bannach—Guzman family—Angela Ross—Nicholas Guerrieri—Marie Brasher—Paola Estrada—Eva Anderson—Elise Fernandez—Emery Tanski—Cary Muldoon-Pauly—Darlene Russo—Constance Anderson—Dolores Nano—Helzing Aguilar—Flavia Langan—Dennis Cresco—Roger Doering—Alice Ward—Arthur Hamilton—Anthony Pfeifer—Paul Konietzny—Kathy Burns—Joan Harriss—Daniel Fraczkowski—Jackie Fortier—Charles Jacobucci—Nancy Wesclitz—Ciara Czajkowski—Donna J. Kolinski—Raffaella Mucerino—Jose A. Reyes—Carmen R. Reyes—Calli Olvera—Joe Banks—Eleida Flores—Joe & Nelda Garza—Andrea Emilia Bernabey—Gustavo Caceres—Patryk Kozlowski—Larry Garcia—Jeanette Peterson—Annamarie Kelly—Franklin Wolff—Owen Estep—Joseph Dudek—Carter Glick—James Furlong—John Ford—Maggie Litgen—Jimmy Retondo—Matt Cashman Sr.—Ramon Guzman (Call the parish office to have your name added or removed)

#### **QUARTERLY EVANGELIZATION COLLECTION THIS WEEKEND**

The St. Elizabeth of the Trinity quarterly Evangelization Collection supports the funding of various programs, ministries, and materials that help people grow closer to Jesus. Please contribute generously as we strive to fulfill our parish mission of creating Intentional Disciples of Christ.



#### 2024 CONTRIBUTION STATEMEMNTS

If you would like a copy of the 2024 statement of your contributions to the parish, they are available by request. You may request it by calling the parish office (773 763-8228) or emailing: parishoffice@setparish.org.

We would prefer that you pick it up or have it emailed to you. If necessary we will mail it to you.

Thank you for your continuing support of the parish.

### SENIOR VALENTINE'S DAY AFTERNOON AT THE MOVIES

You are invited to join Alderman Gardiner, Clarendale Six Corners, and the Copernicus Center on Tuesday, February 11 for *Grumpy Old Men*. The doors open at 1:30 and the movie will start at 2:00.

This is a free event and refreshments will be provided.

The Copernicus Center is located at 5216 W. Lawrence Ave. Please call the Alderman's office with any questions (773) 853-0799.

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Together we bring hope

2025 Annual Catholic Appeal

The Annual Catholic Appeal theme for 2025 is *Together we bring hope*. It echoes the theme that Pope Francis has given to the Holy Year *Pilgrims of hope*. It also resonates with our efforts of renewal in the Archdiocese of Chicago. Contributions to the Appeal enable us to bring real hope into our world, especially to those in need. We come together as the Lord's Church, and we demonstrate our love of God and our neighbor through our support of the Appeal. We foster the Church's mission to teach, to serve, and to sanctify in the name of Jesus Christ. Our support is a blessing for many.

Please consider supporting this year's Appeal. Your generous contribution will be a source of blessing for many people, for yourself, and for your loved ones.

### To make a gift by phone:

312.534.7959

#### To mail:

835 North Rush Street Chicago, IL 60611



annualcatholicappeal.com

#### **CUB SCOUT PACK 3969 SCOUT SUNDAY**



Please join St. Elizabeth of the Trinity and Pack 3969 for the 9:00 a.m. Mass on Sunday, February 9. All scouts please wear your uniform to Mass. Congratulations to **Keegan Walters, Declan Papeck, Shane Mulkerrin, and Michael Cholod** who will receive medals at that Mass.

St. Elizabeth of the Trinity Holy Name Society
"LUCKY TEN" RAFFLE
ONLY 600 TICKETS SOLD



\$20 Each \$5,000 in Prizes 10 Winners: 1st Prize \$1,500 2nd Prize \$1,000 3rd & 4th Prize \$500 5th - 10th Prize \$250

Drawing to be held on Monday April 7th 2025

Please call Pete Cullen-Conway @ (312) 320-3555 for tickets or email

Petercullen conway@yahoo.com

Tickets also available at the parish and school office.

Winner need not be present.

Proceeds go to further the ministries of the parish Prize money will be prorated if all tickets are not sold

### ATTENTION ALL MEN - THAT MAN IS YOU! IS BACK!

### Why should you be a part of That Man is You!:

- It facilitate a personal encounter and relationship with Jesus Christ.
- It meets men wherever they are in their spiritual lives and helps them take one step further.
- It turn the hearts of fathers to their spouse and children.
- It forms authentic leaders capable of transforming their families and greater society.
- It forms bonds of friendship and fellowship that strengthen the parish community.
- It provides a long-term solution for men's ministry and ongoing formation with over ten years of content.
- There are honest discussions about the challenges men face.
- That Man is You! honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!

Register using this QR Code. The 2nd semester will meet for 13 consecutive Tuesday evenings beginning February 4th from 8:15 p.m. to 9:30 p.m. in the school auditorium. For more information go to: tmiy.org.



### ST. ELIZABETH OF THE TRINITY SCHOOL

6040 W Ardmore Ave Chicago, IL 60646 (773) 763-7080 stelizabethtrinityschool.org

During Catholic Schools Week we celebrated our community.

Students paired up with their Faith Partners to make Valentine's Day cards for the elderly living in retirement homes. With cards thoughtfully created, students hope this spreads a little love and joy to those around us in our community.











#### Step-by-Step Walk Through the Mass Do This in Remembrance of Me, Part 77 Concluding Rites and Blessing by FR. LUKE SPANNAGEL



Strengthened by the true presence of Jesus and following the Prayer after Communion, we are truly ready to go out into the world. What happens before moving from our pews to our cars? That would be the **Concluding Rites**. As *The General Instruction of the Roman Missal* lays out, "To the Concluding Rites belong the following: (a) brief announcements, should they be necessary; (b) the Priest's Greeting and Blessing, which on certain days and occasions is expanded and expressed by the Prayer over the People or another more solemn formula; (c) the Dismissal of the people by the Deacon or the Priest, so that each may go back to doing good works, praising and blessing God; (d) the kissing of the altar by the Priest and the Deacon, followed by a profound bow to the altar by the Priest, the Deacon, and the other ministers" (*GIRM*, 90).

Many parts of the Concluding Rites mirror what we did at the very beginning of Mass, including the priest's greeting and response from the people: "The Lord be with you." "And with your spirit." What happens next, though, is special to the end of Mass. It also happens to be one of my favorite things about being a priest: blessing the people.

#### What Is a Blessing?

Our Catechism of the Catholic Church glossary includes a definition for Blessing: "A blessing or benediction is a prayer invoking God's power and care upon some person, place, thing, or undertaking. The prayer of benediction acknowledges God as the source of all blessing" (CCC, p. 868). Furthermore, "Among sacramentals, blessings (of persons, meals, objects, and places) come first. Every blessing praises God and prays for his gifts. In Christ, Christians are blessed by God the Father 'with every spiritual blessing.' This is why the Church imparts blessings by invoking the name of Jesus, usually while making the holy sign of the cross of Christ" (CCC, 1671).

I love being able to ask God's strength, help, and protection upon people through blessings. As the Catechism indicates, the act of blessing turns toward God and acknowledges all the good that comes from him and then asks a share of that good for a particular purpose. This is drawn out more clearly through the Solemn Blessings and prayers over the people that can be used at the end of Mass. When one of these is used, the Deacon or Priest will give an instruction after the priest's greeting and people's response: "Bow down for the blessing." This instruction **directs** us to **adopt** a posture **that prepares us for** receiving the blessing from God through the ministry of his priest.

#### **Examples of Blessings Used at Mass**

Let's look at some different blessing options for this part of the Mass. The Solemn Blessing for Ordinary Time II, echoing the words of Philippians 4:7, reads:

P: May the peace of God, which surpasses all understanding, keep your hearts and minds in the knowledge of God, and of his Son, our Lord Jesus Christ. R: *Amen*.

P: And may the blessing of almighty God, the Father, and the Son, and the Holy Spirit, come down on you and remain with you forever. R: *Amen*.

What a great blessing! Here we are invoking the peace of God, which is beyond our own abilities, upon the people to help them keep in mind the goodness of God. Sometimes the blessing will be in the format of four phrases with the people responding *Amen* in between, like in this Solemn Blessing for the Beginning of the Year:

P: May God, the source and origin of all blessing, grant you grace, pour out his blessing in abundance, and keep you safe from harm throughout the year. *R: Amen.* 

P: May he give you integrity in the faith, endurance in hope, and perseverance in charity with holy patience to the end. *R: Amen.* 

P: May he order your days and your deeds in his peace, grant your prayers in this and in every place, and lead you happily to eternal life. *R: Amen.* 

P: And may the blessing of almighty God, the Father, and the Son, and the Holy Spirit, come down on you and remain with you forever. *R: Amen.* 

As mentioned above, the priest may also use one of the Prayers over the People, such as #17:

P: Bestow increase of heavenly grace on your faithful, O Lord; may they praise you with their lips, with their souls, with their lives; and since it is by your gift that we exist, may our whole lives by yours. Through Christ our Lord. *R: Amen.* P: And may the blessing of almighty God, the Father, and the Son, and the Holy Spirit, come down on you and remain with you forever. *R: Amen.* 

#### **Multiple Blessing Options for Mass**

These are just three of the twenty Solemn Blessings and 28 Prayers over the People that are in the Roman Missal. That's a lot of blessing possibilities! As the Roman Missal indicates, these blessings can be used at the discretion of the priest. There are some that are specifically laid out for Major Solemnities like Christmas, Epiphany, and Easter. But there are also many which can be used at any Mass.

Next time you are at Mass and the priest uses one of these special blessings, try to notice the ways the text acknowledges the goodness of God, and then be ready to receive a special strengthening help from our loving Lord!



Watch St. Elizabeth of the Trinity 9:00 a.m. Sunday Mass live on You Tube - search for St. Elizabeth of the Trinity Parish channel.

#### **SATURDAY FEBRUARY 8, 2025**

5:00 PM — Don Love Jr., John Peterson, Susan McGrath (3rd anniversary), Sean O'Leary (anniversary), Mary Rice (1 mo. anniversary), Blanca Margarita Aguilar, Bridget Kelly, Emily Rodden

#### **SUNDAY FEBRUARY 9, 2025**

7:30 AM — Eugene Fraczkowski

9:00 AM — Tom Gutzman, Vilma Pangoinene, June Fredlund, souls in Purgatory

11:00 AM — Joseph Donnelly, Antoinette Bess, Henryk Bujno

12:00 PM - 12:45 PM — CONFESSION

1:00 PM — (Spanish) Cesar Hernandez Marin, Carlos Alexis Hernandez Perez

#### **MONDAY FEBRUARY 10, 2025**

8:30 AM — June Fredlund

#### **TUESDAY FEBRUARY 11, 2025**

8:30 AM — Ray Komatowski, Conrad Deane 11:00 - 6:00 PM - Adoration / Benediction at 6:00 PM 5:00 PM — Joseph Placzek, Joseph & Katherine Misiuda

#### **WEDNESDAY FEBRUARY 12, 2025**

8:30 AM — Vilma Pangoinene, Wladyslawa Kondratowicz, Isabel McGuire

#### THURSDAY FEBRUARY 13, 2025

8:30 AM — for the SEOT school community

6:30 PM — Bilingual Confessions

#### FRIDAY FEBRUARY 14, 2025

8:30 AM — Charles Boyd

#### **SATURDAY FEBRUARY 15, 2025**

8:30 AM — Edson Granados

5:00 PM — Electo Infante, deceased members of the Ognibene family

#### **SUNDAY FEBRUARY 16, 2025**

7:30 AM — Helen & Alexander Kolinski, Edward Dyjak (birthday), Anne, Estelle, Joseph & Walter Dyjak, Jo & Ed Sanborn

9:00 AM — Gloria Spychalski, Vilma Pangoinene, souls in Purgatory, Gemiliano Cabrera, Arelina Cabrera Bela Rosa

11:00 AM —Henryk Bujno Gemiliano Cabrera, Arelina Cabrera Bela Rosa

12:00 PM - 12:45 PM — CONFESSION

1:00 PM — (Spanish) Cesar Hernandez Marin

#### Presider Schedule - February 15 & 16

5:00 p.m. — Fr. Grisolano / piano 7:30 a.m. — Fr. Sepulveda / organ

9:00 a.m. — Fr. McCarthy / piano / Parish Choir /

Deacon Grant preaching 11:00 a.m. — Fr. Grisolano / organ

1:00 p.m. — (Spanish) Fr. Sepulveda





Juan Carlos Juarez Juarez & Maria Elena Baca Cruz - I



#### SAINTS AND SPECIAL OBSERVANCES

Sunday: 5th Sunday in Ordinary Time, World

Marriage Day

Monday: St. Scholastica, Virgin Tuesday: Our Lady of Lourdes

Wednesday: Thursday:

Friday: Sts. Cyril, Monk, and Methodius,

Bishop; Valentine's Day

Saturday:

Next Sunday: 6th Sunday in Ordinary Time

©LP

### THIS WEEK'S READINGS

Sunday: Is 6:1-2a, 3-8/Ps 138:1-2, 2-3, 4-5, 7-8

(1c)/1 Cor 15:1-11 or 15:3-8, 11/Lk 5:1-

11

Monday: Gn 1:1-19/Ps 104:1-2a, 5-6, 10 and 12, 24

and 35c//Mk 6:53-56

Tuesday: Gn 1:20—2:4a/Ps 8:4-5, 6-7, 8-9/Mk 7:1-

13

Wednesday: Gn 2:4b-9, 15-17/Ps 104:1-2a, 27-28,

29bc-30/Mk 7:14-23

Thursday: Gn 2:18-25/Ps 128:1-2, 3, 4-5/Mk 7:24-

30

Friday: Gn 3:1-8/Ps 32:1-2, 5, 6, 7/Mk 7:31-37 Saturday: Gn 3:9-24/Ps 90:2, 3-4abc, 5-6, 12-13/Mk

8:1-10

Next Sunday: Jer 17:5-8/Ps 1:1-2, 3, 4, 6, (40:5a)/1 Cor

15:12, 16-20/Lk 6:17, 20-26



"Those who choose to stay with Jesus will be sent by Jesus ... Let us go to proclaim Jesus zealously and joyfully for the life of the world."

**Cardinal Luis Antonio Tagle** 

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Associate Pastor Rev. Leonel Sepulveda Isepulveda@archchicago.org

Pastor Emeritus

Rev. Daniel P. McCarthy

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Website: www.stelizabethtrinity.org Email: parishoffice@setparish.org

#### **SERVICES**

Weekend Mass Schedule:

Saturday: 5:00 p.m. & Sunday: 7:30, 9:00 & 11:00 a.m. (English) and 1:00 p.m. (Spanish)

Daily Mass Schedule:

Monday through Saturday: 8:30 a.m., Tuesday: 6:30 p.m. and First Thursday: 7:00 p.m. (Spanish)

Rosary:

Prayed daily immediately following the 8:30 a.m. Mass Church is open daily for private prayer until 5:00 p.m. Confession:

Tuesday: 5:30 to 6:00 p.m., Thursday: 6:30 to 7:00 p.m. (bilingual) Saturday: 3:30 to 4:30 p.m. , Sunday: 12:00 to 12:45 p.m.

**Adoration of the Blessed Sacrament** 

Tuesday: 11:00 a.m. to 6:00 p.m. (Benediction at 6:00 p.m.)
Last Thursday from 6:30 p.m. to 8:00 p.m. (Benediction at 7:50 p.m.)
Rectory (Parish Office): Monday - Friday - 9:00 a.m. - 5:00 p.m.

#### Baptism:

Please contact Deacon Greg Bzdon to make arrangements: <a href="mailto:gbzdon@archchicago.org">gbzdon@archchicago.org</a>

#### **Becoming a Catholic:**

Would you like to learn more about what it means to be a Catholic? The Church calls this process *The Rite of Christian Initiation for Adults (RCIA)*. It is a small group forum where interested people learn more about initiation and membership in the Catholic Church. Please call the parish office for more information.

#### Marriage:

Must be arranged six months prior to the ceremony. Please contact a priest to make arrangements.

**Religious Education for Public Grade School Students:** Contact Hugo Munoz for more information.

**Parish Registration:** New parishioners are asked to register at the Rectory. Forms are also available on our website under the Our Parish tab or in the rear of church.

**Communion Visits:** Ministers of Care bring Communion to the homebound. Contact Tony Lupinski through the parish office to make arrangements.

**Food Pantry**: Open Tuesdays - 9:00 to 10:00 a.m. in the lower level of the gym For more Info email us at: food-pantry@stelizabethtrinityschool.org

Bulletin Deadline: Noon on Fridays (9 days prior to bulletin date)

"It seems to me that I have found my heaven on earth, because my heaven is You, my God, and You are in my soul.
You in me, and I in You – may this be my motto."

St. Elizabeth of the Trinity