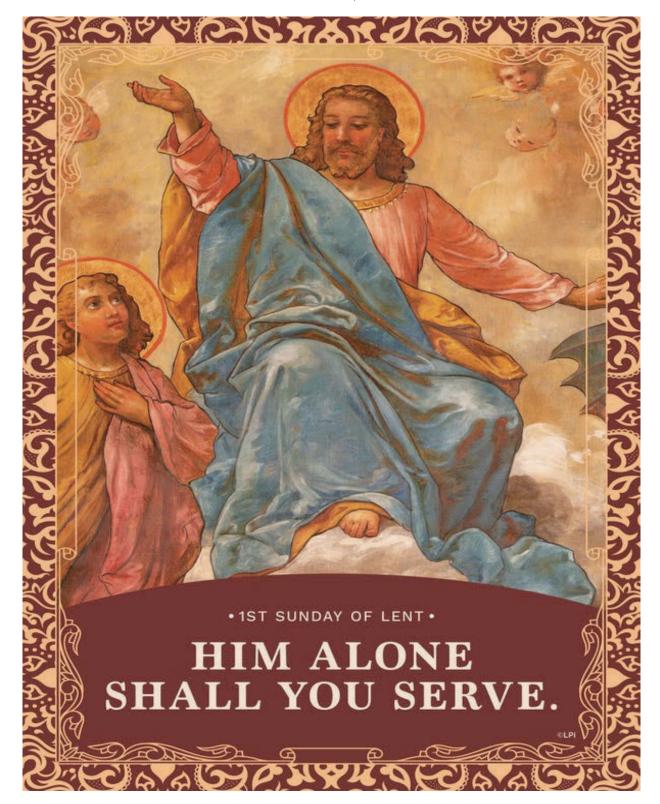


MARCH 9, 2025



FROM FR. MIKE

This week our RE and school 8th graders will be receiving their last sacrament of initiation: Confirmation. We are blessed that Bishop Kane is coming out of retirement to preside. Please pray for these candidates, their parents, and sponsors that their hearts might be open to the Holy Spirit and the blessings that God the Father and God the Son will bestow upon them. They will be "sealed" with the Holy Spirit, marked as the Holy Trinity's, giving them the power to witness to Christ as intentional Catholic disciples in the world. May all of us respond fully and consciously to the graces we have received.

--- We are also at the beginning of Lent, which is a time to rededicate ourselves through some forms of prayer, fasting, and almsgiving. We have many resources available to help inspire you. Might I also suggest making your resolutions as practical and meaningful as possible.

Prayer is first and foremost a relationship with the Lord so we should try to make our structured times of prayer as personal as possible and not primarily a task that we accomplish. Our time of prayer, like the Lord's Day, is God's gift to us, not our gift to Him. Prayer gives Jesus the chance to calm, guide, quiet, strengthen, correct, and encourage us. Our goal is to choose an amount of time for prayer that we can sustain as a habit. If you don't pray much at all daily, start with 10-15 minutes but be as consistent as you can. If you already do that, perhaps increase to 20-30 minutes and add a Holy Hour or two every week. The keys are to make your times of prayer consistent, and from the heart.

Fasting or mortifications of the flesh get the most attention and we're most inclined to tell people "what we gave up" for Lent. Therefore, fasting lends itself more to pride which Jesus warns strongly against, so some prudence is needed here. What is something good but potentially dangerous for our holiness that we could give up? Maybe less time on tv, social media, phone or games is the best fast. The Venerable Bruno Lanteri suggested a more hidden but challenging type of mortification to his spiritual directees:

"Make acts of mortification, especially interior ones; ...this means the effort to live each moment with a gentle and joyful spirit."

Jesus Christ also makes the same point, that our efforts to grow in discipline and virtue through prayer, fasting, and good works should be done joyfully and in a hidden way. Our sacrifices and offerings to the Lord aren't meant to make others suffer!

Almsgiving and good works show the love towards others that is a hallmark of the Christian life. Jesus said this is how people would know that we are His disciples, by how much we love one another. Just as prayer is relational, so are good deeds and almsgiving. If we have the chance, it is always better to ask the person who is begging their name, to call them by name, give them a kind smile, wish them God's blessings and that we will pray for them. They may have a story to tell, too.

St. Vincent De Paul said that is how the poor will not hate us for helping them because we do it humbly and sincerely. Our goal in almsgiving is to offer material help, but even more, to give a look of love, reminding them of the Divine love, so that they can have a renewed sense of hope in the Lord.

Venerable Bruno has more wisdom that our family, friends, and coworkers would love us to apply:

"For the love of God, I beg of you to wage continual warfare against negative moods, and never fail to begin again."

Your brother in Christ,

Fr. Mike





In today's Gospel, Jesus overcomes the temptations to wealth, power and esteem. As we begin Lent, may we open our hearts to the grace of prayer, fasting, and almsgiving.

Your gift in the St. Vincent de Paul Poor Box will help the poor to celebrate the grace of God's love this Easter.



During Lent...join us for: Evening Prayer - Mondays at 6:30 p.m. Stations of the Cross - Fridays at: 2:15 p.m. (with school, but not on March 14 or 28) or 6:30 p.m. (English) & 7:15 p.m. (Spanish)

SAVE THE DATES – PARISH LENTEN MISSION – "Abundant Life: Allowing God to Help Us Grow" MONDAY, MARCH 24 & MONDAY, MARCH 31

We are pleased to announce that Fr. Michael Knotek will be leading us in a Lenten Mission on March 24 & 31.

Father Knotek grew up in the western suburbs of Chicago. He was ordained a priest of the Archdiocese of Chicago in 1996. After serving as Associate Pastor at three parishes, Fr. Knotek served as a hospital chaplain at Westlake Hospital in Melrose Park. He then served as Pastor of St. John de la Salle Parish followed by serving as Pastor of St. Columbanus Parish. Following that he served as Executive Secretary of the Priests' Placement Board, then the Vicar for Priests.

Currently he is serving as the Vicar for the Professional and Pastoral Development of Priests. Father Knotek holds a Master of Theological Studies degree from the Catholic Theological Union and a Master of Divinity Degree from the University of St. Mary of the Lake. He also holds a Certificate in Spiritual Direction from the Claret Center. He enjoys facilitating retreats and parish missions. When he gets a day off he enjoys long walks in nature, reading, movies and cooking with friends.

Fr. Knotek will also preach at all the English Masses on March 22 & 23. He will preside at the 5:00 Mass on March 22.

Each night we will start with Evening Prayer at 6:30 p.m. in church. The one-hour Mission will then start at about 6:50 p.m.

Light refreshments will follow in the vestibule.

SAVE THE DATES – SPANISH PARISH LENTEN MISSION – "A Call to Conversion" WEDNESDAY MARCH 26 & THURSDAY, MARCH 27

Fr. Carlos A. Arancibia Bermudez, a priest of the Archdiocese of Chicago, will preach the Lenten Mission in Spanish on Wednesday & Thursday, March 26 & 27 beginning at 7:00 p.m. in church. He will also pre-

side at the 1:00 Spanish Mass on March 23.

Light refreshments will follow in the vestibule.







Daniel Thomas & Eugene Michael children of Michael & Debra (Finnegan) Parilla



Grace Eileen child of Ryan & Sarah (Donohoe) Robinson

OCRS RICE 50 BOWL

A RECOMMITMENT TO END HUNGER

Since 1975, Catholics across the United States have come together each Lent to respond to global hunger through the CRS Rice Bowl program. Learn how people like you have made a local and global impact on the lives of our sis-

ters and brothers in need and why our prayers and almsgiving are still needed today. During this holy season, let us recommit to sharing bread for life with our global family so that all people can reach their God-given potential. Visit **crsricebowl.org/week-1** to read this week's Story of Hope.

WOMEN'S GROUP MEETING

All women of the parish are invited to our Women's Group Meeting on **Wednesday, March 12, 6:30 p.m.** in the Auditorium.

Why not invite a friend or come and make a new friend?



SICK LIST

Michele Schmidt—Maria Szumski—Gary Sowell—Jeffrey Lalowski—Jadwija Chudzynski—Amy Grudzinski—Bernadette Bannach—Guzman family—Angela Ross—Nicholas Guerrieri—Marie Brasher—Paola Estrada—Eva Anderson—Elise Fernandez—Emery Tanski—Cary Muldoon-Pauly—Darlene Russo—Constance Anderson—Dolores Nano—Helzing Aguilar—Flavia Langan—Dennis Cresco—Roger Doering—Alice Ward—Arthur Hamilton—Anthony Pfeifer—Paul Konietzny—Kathy Burns—Joan Harriss—Daniel Fraczkowski—Jackie Fortier—Charles Jacobucci—Nancy Wesclitz—Ciara Czajkowski—Donna J. Kolinski—Raffaella Mucerino—Jose A. Reyes—Carmen R. Reyes—Calli Olvera—Eleida Flores—Joe & Nelda Garza—Andrea Emilia Bernabey—Gustavo Caceres—Patryk Kozlowski—Larry Garcia—Jeanette Peterson—Annamarie Kelly—Franklin Wolff—Owen Estep—Joseph Dudek—Carter Glick—James Furlong—John Ford—Maggie Litgen—Jimmy Retondo—Matt Cashman Sr.—Ramon Guzman—Elizabeth Hofstede

(Call the parish office to have your name added or removed)



ST. JOSEPH'S TABLE

Please come and join us after the 11:00 a.m. Mass next Sunday March 16 until 2:30 p.m. in the school auditorium. Immediately following the Mass, we will process from the church to the auditorium where the food will be blessed. After the blessing, we will partake in a Luncheon and Sweet Table. While there is no charge for the meal, a donation will be accepted, and all proceeds will be turned over to our St. Vincent de Paul Society. Please come and enjoy delicious food and friendship.

Volunteers are welcome. Anyone interested in helping, either by donating food or time, please leave your contact info at the Parish Office (773 763-8228) and we will contact you.

Thank You, JoAnn Keto

Totus Tuus Is Back! Save the Date!



Totus Tuus is Returning to St. Elizabeth of the Trinity this summer July 6-11th. This is a great summer opportunity full of fun and faith formation.

Registration will start soon. Keep an eye on the bulletin and Flocknote in the coming weeks for more details.

If you would like to be one of the first notified when registration opens or if your family would like to help host the Totus Tuus missionaries as either a host family or by having the missionaries over for dinner one night please contact Ashley Guinn or Hugo Munoz in the parish office.

2024 CONTRIBUTION STATEMEMNTS

If you would like a copy of the 2024 statement of your contributions to the parish, they are available by request. You may request it by calling the parish office (773 763-8228) or emailing: parishoffice@setparish.org.

We would prefer that you pick it up or have it emailed to you. If necessary we will mail it to you.

Thank you for your continuing support of the parish.



Go to: faithdirect.net or Scan the QR Code or call





GOSPEL MEDITATION - March 9, 2025 - 1st Sunday of Lent - Luke 4:1-13

One of the most fascinating moments in American history is when George Washington could have become the king of the newly liberated United States and didn't. At the height of his power and fame, on Dec. 23, 1783, he resigned his commission as Commander-in-Chief, and went home. The astonished King of England remarked that in doing so, Washington was "the greatest man in the world." Greatness is often defined by what we could do but don't. Greatness is measured by the temptations we overcome.

Jesus' greatness is revealed in his victory over temptations, too. The three offered him by the devil contain, we might say, all potential possible temptations: food, power and fame. They correspond to the triple human needs of body, soul and spirit. In overcoming these three, he says "no" in essence to every and even the greatest temptation. We see that every desire of his humanity — body, soul and spirit — is perfectly united to God, to love. This is a power available to each member of his body. It is the path to true greatness. How can we, who so easily fall into even small temptations, find the power to overcome large ones? By entering into the great dynamics of Jesus' temptations.

Lenten challenge: This first week of Lent, list some concrete ways you can overcome temptations that correspond with your desires. For example, you may give up snacks between meals, choose not to participate in an activity of which you are an expert, and decide to reduce social media posting by 50%. It may not seem like much, but by saying "no" to the tyranny of food, power, and fame (in this example), you'll discover true greatness.



— Father John Muir ©LPi





ST. ELIZABETH OF THE TRINITY SCHOOL

6040 W Ardmore Ave Chicago, IL 60646 (773) 763-7080 stelizabethtrinityschool.org

Famous visitors from the past and today recently wandered the halls of St. Elizabeth of the Trinity. They stopped by Mrs. Gold's 2nd grade class to speak to students about their lives. We had Benjamin Franklin, Babe Ruth, Simone Biles, and everyone else in between.

Thank you to all our visitors for sharing your life and knowledge.











Step-by-Step Walk Through the Mass Do This in Remembrance of Me, Part 81 Carrying Jesus with Us by FR. LUKE SPANNAGEL



As you go forth from Mass, is Jesus still with you? Is he really and truly present? As we mentioned previously, our Catholic faith teaches us that the Real Presence of Jesus remains in the Eucharist until the outward appearances of the Sacred Host and/or Precious Blood cease to be those of bread and wine as they are absorbed by our bodies. While there are different opinions on how long that actually is, most agree it is around 15 minutes. No doubt, that is a great reason to try and plan for a time of thanksgiving after the Mass. As we go forward, it is also great to keep in mind that, in a very real way, we are tabernacles with Jesus inside us during that time.

Imitating Mary in Receiving Communion

Edward Sri offers thoughts for meditation through the words of Pope St. John Paul II. Sri reminds us that when we have the Real Presence of Jesus in Communion, we are very much like Mother Mary with Jesus in her womb: "John Paul II noted a profound connection between Mary carrying Jesus in her womb and the person receiving communion. In a sense, we become like Mary every time we receive the Eucharist. 'Mary lived her *Eucharistic faith* even before the institution of the Eucharist, by the very fact that *she offered her virginal womb for the Incarnation of God's Word*.' For nine months, Mary had the body and blood of Jesus within her. At Mass, we receive the sacramental Body and Blood of our Lord. 'At the Annunciation, Mary conceived the Son of God in the physical reality of his body and blood, thus anticipating within herself what to some degree happens sacramentally in every believer who receives, under the signs of bread and wine, the Lord's body and blood." (*A Biblical Walk Through the Mass*, pp. 142–3, *Ecclesia de Eucharistia*, 55).

As Sri notes, St. John Paul II went on to reflect upon what learning about the Mass and receiving Communion would have been like for Mother Mary. "What must Mary have felt as she heard from the mouth of Peter, John, James, and the other Apostles the words spoken at the Last Supper: 'This is my body which is given for you' (Lk 22:19)? The body given up for us and made present under sacramental signs was the same body which she had conceived in her womb!" Sri writes, "John Paul then beautifully drew out the unique meaning Holy Communion would have had for the Blessed Virgin: 'For Mary, receiving the Eucharist must have somehow meant welcoming once more into her womb that heart which had beat in unison with hers...' What a profound insight! Imagine Mary preparing herself to be reunited with her Son in this way. Imagine the loving attention she gave to Jesus in every Holy Communion. What a joy it must have been for her to have her Son dwelling within her again! May Mary be a model for us in the way we receive the Eucharist. Let us pray that we may ardently welcome Jesus in every Holy Communion as Mary received her Son. May the Eucharist cause our hearts to beat ever more in unison with Christ's as Mary's heart beat perfectly with his" (A Biblical Walk Through the Mass, pp. 142-3, Ecclesia de Eucharistia, 56).

Bearing Jesus' Presence As We Go

So beautiful! What a wonderful and rich meditation to think about as we recall with joy that Jesus is within us. While certainly more lighthearted, a similar realization comes from one of the funniest saint stories I have come across when reading about the Mass and the Eucharist. Fr. Stefano Manelli recounts that St. Philip Neri had two altar boys with lighted candles go to accompany a man who had left church right after Communion (*Jesus Our Eucharistic Love: Eucharistic Life Exemplified by the Saints*, p. 46). Can you picture it? How about the expression on that man's face?! Of course, it may have been a corrective to the man to help him realize he shouldn't be leaving Mass early. But it also really drives home the joyful realization that after Communion, Jesus is truly present with us for a time. As that man was walking forth from the Mass, St. Philip Neri had the altar boys carry candles because it was a Eucharistic Procession! If we could regularly have that realization of Jesus truly present with us after Communion, how different would our conversation and activity be as we go forth from Mass? How would we greet those we encounter? How would we navigate through the parking lot? What activities would we do next after Mass? How would we talk with those we encounter? May a greater realization of the gift of Jesus within us strengthen us to honor his presence in how we show his love!



Watch St. Elizabeth of the Trinity 9:00 a.m. Sunday Mass live on You Tube - search for St. Elizabeth of the Trinity Parish channel.

SATURDAY MARCH 8, 2025

5:00 PM — Marcos Fernandez, deceased members of the Ognibene family, Hugh Johnson, Sharon Robinson, Mary Ann O'Malley

SUNDAY MARCH 9, 2025

7:30 AM — for our parishioners

9:00 AM — Philip Bober, souls in Purgatory

11:00 AM — for our parishioners

12:00 PM - 12:45 PM — CONFESSION

1:00 PM — (Spanish) Aime Hernandez, Cesar Hernandez Marin, Kruthof & Rousett family

MONDAY MARCH 10, 2025

8:30 AM — Aime Hernandez, Richard Bekielewski (1st anniversary), Rosalina Carballo (96th birthday)
6:30 PM — EVENING PRAYER

TUESDAY MARCH 11, 2025

8:30 AM — Joe Dudek, Conrad Deane 11:00 - 6:00 PM - Adoration / Benediction at 6:00 PM 6:30 PM — Joseph & Katherine Misiuda

WEDNESDAY MARCH 12, 2025

8:30 AM — Stephen Dzadon (1st anniversary)

THURSDAY MARCH 13, 2025

8:30 AM — Angelina Turcio 6:30 PM — CONFIRMATION

FRIDAY MARCH 14, 2025

8:30 AM — Mary Ann Mikolajczak

6:30 PM — STATIONS OF THE CROSS (English)

7:15 PM — STATIONS OF THE CROSS (Spanish)

SATURDAY MARCH 15, 2025

8:30 AM — Mary Vasile, Christine Carbone

5:00 PM — Joe Rangel, Jessica Bach, John Ptak, Don Love, Hansei Archambault, Malachy Byrne, Brian Fulara

SUNDAY MARCH 16, 2025

7:30 AM — for our parishioners

9:00 AM — Tom Gutzman, souls in Purgatory

11:00 AM — for our parishioners

12:00 PM - 12:45 PM — CONFESSION

1:00 PM — (Spanish) Cesar Hernandez Marin

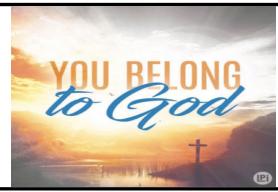
Presider Schedule - March 15 & 16

5:00 p.m. — Fr. Grisolano / Deacon Grant preaching / piano

7:30 a.m. — Fr. Sepulveda / organ

9:00 a.m. — Fr. Grisolano / Deacon Grant preaching / piano / Parish Choir

11:00 a.m. — Fr. Sepulveda / organ 1:00 p.m. — (Spanish) Fr. Sepulveda





Clara David

SAINTS AND SPECIAL OBSERVANCES

Sunday: 1st Sunday of Lent; Daylight Saving

Time begins

Monday: Tuesday: Wednesday: Thursday: Friday: Saturday:

Next Sunday: 2nd Sunday of Lent

©LPi

THIS WEEK'S READINGS

Sunday: Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-

15 (see 5b)/Rom 10:8-13/Lk 4:1-13

Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt

25:31-46

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/

Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk

11:29-32

Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab,

2cde-3, 7c-8/Mt 7:7-12

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/

Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-

48

Next Sunday: Gn 15:5-12, 17-18/Ps 27:1, 7-8, 8-9, 13-

14/Phil 3:17—4:1 or 3:20—4:1/Lk 9:28b-

36

St. Elizabeth of the Trinity Holy Name Society "LUCKY TEN" RAFFLE **ONLY 600 TICKETS SOLD**



\$20 Each \$5,000 in Prizes 10 Winners: 1st Prize \$1,500 2nd Prize \$1,000 3rd & 4th Prize \$500 5th - 10th Prize \$250

Drawing to be held on Monday April 7th 2025 Please call Pete Cullen-Conway @ (312) 320-3555 for tickets or email Petercullen conway@yahoo.com Tickets also available at the parish and school offices.

Winner need not be present.

Proceeds go to further the ministries of the parish Prize money will be prorated if all tickets are not sold











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6020 WEST ARDMORE AVENUE CHICAGO, ILLINOIS 60646-5320



Pastor

Rev. Michael Grisolano mgrisolano@archchicago.org

Associate Pastor
Rev. Leonel Sepulveda
Isepulveda@archchicago.org

Pastor Emeritus

Rev. Daniel P. McCarthy

Permanent Deacons

Deacon Jose Adan Bernabé Deacon Gregory Bzdon

Director of Parish Operations

Mr. Michael Parilla

mparilla@archchicago.org

Director of Evangelization and Ministry Mrs. Ashley Guinn aguinn@archchicago.org

Director of Lifelong Formation
Mr. Hugo Munoz
hhmunoz@archchicago.org

Pastoral Minister / Bulletin Editor

Mr. Jim Madura

jmadura@archchicago.org

Music

Mr. Mark Wozniczka mwozniczka@archchicago.org Mr. Jose Angel Abarca (Spanish Mass)

Administrative Assistants

Ms. Alex Mucerino amucerino@archchicago.org Mrs. Gigi Aguilar guaguilar@archchicago.org

Bookkeeper

Mr. Jose Munoz jomunoz@archchicago.org

School Principal

Dr. Kristine Hillmann

k.hillmann@stelizabethtrinityschool.org

School / Parish Marketing Director

Mrs. Jenica Anderson

j.anderson@stelizabethtrinityschool.org

Rectory: 773-763-8228 **Fax:** 773-774-8461 **School:** 773-763-7080

Website: www.stelizabethtrinity.org Email: parishoffice@setparish.org

SERVICES

Weekend Mass Schedule:

Saturday: 5:00 p.m. & Sunday: 7:30, 9:00 & 11:00 a.m. (English) and 1:00 p.m. (Spanish)

Daily Mass Schedule:

Monday through Saturday: 8:30 a.m., Tuesday: 6:30 p.m. and First Thursday: 7:00 p.m. (Spanish)

Rosary:

Prayed daily immediately following the 8:30 a.m. Mass Church is open daily for private prayer until 5:00 p.m. Confession:

Tuesday: 5:30 to 6:00 p.m., Thursday: 6:30 to 7:00 p.m. (bilingual) Saturday: 3:30 to 4:30 p.m. , Sunday: 12:00 to 12:45 p.m.

Adoration of the Blessed Sacrament

Tuesday: 11:00 a.m. to 6:00 p.m. (Benediction at 6:00 p.m.)

Last Thursday from 6:30 p.m. to 8:00 p.m. (Benediction at 7:50 p.m.)

Rectory (Parish Office): Monday - Friday - 9:00 a.m. - 5:00 p.m.

Baptism:

Please contact Deacon Greg Bzdon to make arrangements: gbzdon@archchicago.org

Becoming a Catholic:

Would you like to learn more about what it means to be a Catholic? The Church calls this process *The Rite of Christian Initiation for Adults (RCIA)*. It is a small group forum where interested people learn more about initiation and membership in the Catholic Church. Please call the parish office for more information.

Marriage:

Must be arranged six months prior to the ceremony. Please contact a priest to make arrangements.

Religious Education for Public Grade School Students: Contact Hugo Munoz for more information.

Parish Registration: New parishioners are asked to register at the Rectory. Forms are also available on our website under the Our Parish tab or in the rear of church.

Communion Visits: Ministers of Care bring Communion to the homebound. Contact Tony Lupinski through the parish office to make arrangements.

Food Pantry: Open Tuesdays - 9:00 to 10:00 a.m. in the lower level of the gym For more Info email us at: food-pantry@stelizabethtrinityschool.org

Bulletin Deadline: Noon on Fridays (9 days prior to bulletin date)

"It seems to me that I have found my heaven on earth, because my heaven is You, my God, and You are in my soul.
You in me, and I in You – may this be my motto."

St. Elizabeth of the Trinity